

DR. MARY BETH

Former US Secret Service Agent
Author / Speaker
Self-Esteem Mentor

**EMPOWERING WOMEN TO REACH
FULL POTENTIAL IN THEIR CAREERS
AND LIFE.**



“ It is not often that you find someone of Mary Beth’s caliber who can engage so easily with her audience. Utilizing her past law enforcement and security careers and experiences, both with the U.S. Government and the private sector, her message is not only timely but also provides her audience with insights that may prove to be useful in their personal and professional lives. She is an inspiration to women.

Mark Hunter

CEO and President, Hunter Global Security Strategies

Previously hosted by



As a highly-respected member of the United States Secret Service and an International Executive Protection Agent for the rich and famous, professions in which females were extremely rare, I know what it is to succeed in a world that was never designed for a woman to make it.

It’s my mission to become a source of support for women. Women who are high functioning, powerful, and full of potential often feel very alone. This emotional isolation means they spend a lot of time in their heads, worrying, thinking, and over-analyzing their decisions, their choices, and their lives. They have a burning desire to achieve; yet, they often lack reliable tools and a trustworthy source of support to help them reach their goals.

If you or your team are looking for answers, guidance, or a road map for career and life goals, Dr. Mary Beth is a powerful resource.

POPULAR PROGRAMS

RESILIENCE:
You are stronger than you think you are.

RESPOND Vs. REACT:
How to keep your cool in almost any situation.

RISING TO THE CHALLENGE:
Harness your inner strength for positive change and growth.

DR. MARY BETH



“ Mary Beth is a charismatic speaker and fierce advocate for the safety and wellbeing of women. Her real-world experience brings rapt attention and has brought practical learning to tens of thousands. She brings a message of hope and success in navigating what has become a very dangerous world.

John Rochon,

Former CEO and Chairman of the Board of Mary Kay Cosmetics. Dallas, Texas
Founder and Chairman of the Board of Richmond Financial Partners. Dallas, Texas



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**Building Resilience in Women Leaders:
You are Stronger Than You Think You Are**
Amazon Women Leaders Event.

Deloitte.

Mental Health First Aid
Facilitator for live and virtual 2- and 4-hour
mental health trainings for Deloitte U.S.

MARY KAY®

**I Just Want My Life Back:
Keeping Safe in Dangerous Times**
Mary Kay Cosmetics / Mary Kay Ash Charitable
Foundation Seminars. Presented around the US
for Mary Kay, Inc.



Practical Ways to Optimize Health & Wellbeing:
Simple Tools to De-stress and Live a More Balanced Life.
U.S. Department of State / Bureau of Medical Services.

TED^x

How to Be a BADASS at ANY Age
Exploring the questions that unlock innovation
and transports us into a future of possibility.

BLACKCLOAK™

Finding Success in a Male-dominated Profession.
Cocktails and Conversation with Chris Pierson.



Resilience.
Fireside Chat with Merrill Lynch.



**Women as Role Models:
Self-esteem - its importance for young
women to build & maintain in all realms
of life.**

Guest speaker at an annual Scholarship
Banquet at Alpha Omicron Pi sorority at the
University of Maryland.



@DocMaryBeth